



Headteacher: **Mr C Watkins**

Robert Street, Lower Gornal,  
Dudley, West Midlands.  
DY3 2AZ

Tel: 01384 818275

Fax: 01384 818276

E-mail: [info@roberts.dudley.sch.uk](mailto:info@roberts.dudley.sch.uk)

[www.robertsprimary.org.uk](http://www.robertsprimary.org.uk)

Friday 16<sup>th</sup> May 2025

Dear Year 1 parents and carers,

### PSHE Summer 2

Below is an outline of the objectives that will be covered next half term in the 'Changing Me' topic which is part of our PSHE curriculum.

- Start to understand the life cycles of animals and humans.
- Understand that changes happen as we grow and that this is OK.
- Tell you some things about me that have changed and some things about me that have stayed the same.
- Know that changes are OK and that sometimes they will happen whether I want them to or not.
- Know how my body has changed since I was a baby.
- Understand that growing up is natural and that everybody grows at different rates.
- Identify the parts of the body that make boys different to girls and use the correct names for these (including Vagina, Penis, Testicles, Vulva, Anus)
- Respect my body and understand which parts are private.
- Understand that every time I learn something new, I change a little bit.
- Tell you about changes that have happened in my life.
- Know some ways to cope with changes.

Please note, all of these lessons are compulsory as they are either in our PSHE or science curriculum. If you have any questions, please do not hesitate to speak to your child's teacher or the senior leadership team.

If you would like to discuss this in more detail, please contact me via the school office.

Kind regards

Mr Carl Watkins

Headteacher

*Lighting the Way to Success*

